

CME-accredited interactive session during ECO 2024, Venice, Italy

Patient-centred care in obesity: challenges and opportunities for multidisciplinary holistic management

Moderator:



Sarah Jarvis (UK)

Panel:

Patient representatives, European Coalition for People Living with Obesity (ECPO)



Melanie Davies (UK)



Sven Francque (BEL)



Naveed Sattar (UK)

**Sunday,
12 May 2024**

16:15–17:45 CEST
Sala Perla

- **16:15–16:22** **Welcome and introduction**
Sarah Jarvis (UK)
- **16:22–16:42** **Patient experience in 2024: challenges and expectations**
Sarah Jarvis (UK), ECPO members
- **16:42–17:15** **Evidence for targeting weight in 2024 and real-world experience**
 - From the cardiovascular point of view - *Naveed Sattar (UK)*
 - From the endocrinology point of view - *Melanie Davies (UK)*
 - From the hepatic point of view - *Sven Francque (BEL)*
- **17:15–17:35** **New opportunities for holistic management**
Sarah Jarvis (UK), panelists
- **17:35–17:45** **Summary and conclusion**

Educational objectives

- Outline the complexity of obesity and the burden it represents to society and patients
- Describe the physiological mechanisms underlying obesity and related liver and cardiovascular risks
- Address the limitations of current guideline-directed obesity management
- Review best practices regarding shared decision-making (SDM) and current multidisciplinary team-based care to limit hepatic and cardiovascular risks
- Discuss new opportunities for patient-centric approaches in the pharmacological and overall management of patients with obesity

