

# EASO

European Association for the Study of Obesity



## 3<sup>rd</sup> EUROPEAN CONGRESS ON OBESITY

12-15 MAY 2024 VENICE, ITALY

DRAFT **PROGRAMME**



[www.eco2024.org](http://www.eco2024.org)

## PROGRAMME AT A GLANCE

12 MAY 2024, SUNDAY

TRACK 1

TRACK 2

TRACK 3

TRACK 4

### EASO Teaching Workshops 09:30-12:20

| Sala Volpi   | Sala Grande   | Sala Perla  | Sala Darsena  |
|--|---|---|---|
| Teaching Workshop<br>(EASO Nutrition Working Group)<br>08:30-12:20 | Teaching Workshop<br>(EASO Childhood Obesity WG)<br>09:30-12:00 | Teaching Workshop<br>EASO Psychology, Behaviour and<br>Mental Health WG | Teaching Workshop<br>(Joint EASO Scientific Advisory<br>Board and EASO Obesity<br>Management WG); Phenotyping<br>Obesities Beyond BMI |

### Sala Mosaici 1

### EASO Press Meeting 12:00-13:30

### Topic Sessions and Accepted Symposia 12:30-14:00

| Sala Volpi  | Sala Grande   | Sala Perla  | Sala Darsena  |
|---|---|---|---|
| T1 Topic Session:<br>Adipose Tissue Niche and Tumour<br>Microenvironment in Obesity | T3 Topic Session:<br>Advances in the Pharmacological<br>Treatment of Children and<br>Adolescents with Obesity | T2 Topic Session:<br>Community Approaches to<br>Improving Food Security for Health<br>and Wellbeing | T4 Topic Session:<br>Guidelines and Future Perspectives<br>of MAFLD |

### Lunch Break (13:00-14:00)

### Abstract Sessions 14:15 - 15:45

| Sala Volpi          | Sala Grande         | Sala Perla          | Sala Darsena        |
|---------------------|---------------------|---------------------|---------------------|
| T1 Abstract Session | T2 Abstract Session | T3 Abstract Session | T4 Abstract Session |

### Coffee Break/Commercial Exhibition (15:45-16:15)

| Sala Volpi | Sala Grande                                   | Sala Perla                                    | Sala Darsena                                  |
|------------|---|---|---|
|            | Industry Supported Session 2<br>(16:15-17:45) | Industry Supported Session 3<br>(16:15-17:45) | Industry Supported Session 4<br>(16:15-17:45) |

### Sala Darsena

### Opening Plenary Session EASO-NNF Excellence Prize Lecture (17:45-18:45)

### ECO2024 Opening Ceremony (18:45-19:15)

### Exhibition Hall

### ECO2024 Welcome Reception (19:15-20:15)

## PROGRAMME AT A GLANCE

13 MAY 2024, MONDAY

TRACK 1

TRACK 2

TRACK 3

TRACK 4

### Sala Darsena

**T3 Plenary Lecture: Impact of Ethnicity and Socioeconomic Position on Obesity in Children**  
(08:30-09:15)

### Topic Sessions

09:30-11:00

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**T1 Topic Session:**  
Liver Phenotypes in Obesity

**T2 Topic Session:**  
Behavioural and Nutritional  
Consequences of Next-Generation  
Pharmacotherapy

**T3 Topic Session:**  
Overview of Paediatric Obesity  
Treatment Guidelines

**T4 Topic Session:**  
Obesity in Women across the  
Lifespan

Coffee Break and G-Communications (11:00-11:45)

### Abstract Sessions and Accepted Symposia

11:45-13:15

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**T4 Abstract Session**

**EASO-Nowo Nordisk Foundation New  
Investigator Award: 2023 Update  
Session What have I achieved with  
the Award Research Grant in 2023?**

**T3 Abstract Session**

**Joint Session EASO/EASD  
Is Diabetes an Adiposity Based  
Disease?**

### Sala Mosaici 1

#### 3rd PAFF-WG Session

(11:45-13:15)

#### EASO Press Meeting

(13:30-15:00)

Lunch Break (13:15-14:15)

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**New Technologies for Obesity  
Science: from research to clinical  
applications**  
(13:45-15:15)

**Industry Supported Session 5**  
(13:45-15:15)

**Industry Supported Session 6**  
(13:45-15:15)

**WHO Joint Session**  
(13:45-15:15)

### Sala Darsena

**Special Plenary Lecture: Taking off the Mask of Obesity**  
(15:15-16:00)

Coffee Break and G-Communications (16:00-17:00)

### EASO and Abstract Sessions

17:00-18:30

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**T1 Abstract Session**

**EASO Early Career Network**

**T2 Abstract Session**

**EASO Adult COMs/KSSO  
Joint meeting**

## PROGRAMME AT A GLANCE

14 MAY 2024, TUESDAY

TRACK 1

TRACK 2

TRACK 3

TRACK 4

Sala Darsena

**T4 Plenary Lecture: GLP-1RA and Cognitive Functions**  
(08:30-09:15)

**Topic Sessions**  
(09:30-11:00)

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**T1 Topic Session: Skeletal Muscle Alterations in Obesity**

**T2 Topic Session: Mental Health, Disordered Eating, and Physical Activity**

**T3 Topic Session: Intergenerational Transmission**

**T4 Topic Session: Tailored Pharmacologic Therapy for Obesity**

Coffee Break and G-Communications (11:00-11:45)

**Abstract Sessions and Accepted Symposia**  
11:45-13:15

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**T1 Abstract Session**

**T2 Abstract Session**

**T3 Abstract Session**

**T4 Abstract Session**

Lunch Break (13:15-14:15)

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**Industry Supported Session 7**  
(13:45-15:15)

**Industry Supported Session 8**  
(13:45-15:15)

**Industry Supported Session 9**  
(13:45-15:15)

**EASO/IFSO-EC Joint Symposium**  
(13:45-15:15)

Sala Mosaici 1

**EASO Press Meeting**  
(12:00-13:30)

**IMI SOPHIA**  
(13:45-15:15)

Sala Darsena

**Track 2 Plenary Lecture: The "Exposome Hypothesis" and Obesity**  
(15:15-16:00)

Coffee Break and G-Communications (16:00-17:00)

**EASO and Abstract Sessions**  
17:00-18:30

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

**EASO Paediatric COMs Session**

**EASO-NNF New Investigator Awards Session**

**Nutrition Education in Europe: Innovative Approaches**

**Joint Session EASO/ESC**

## PROGRAMME AT A GLANCE

15 MAY 2024, WEDNESDAY

TRACK 1

TRACK 2

TRACK 3

TRACK 4

Sala Darsena

Track 1 Plenary Lecture: Obesity and Cancer  
(08:30-09:15)

Topic Sessions, Abstract Sessions and Accepted Symposia  
09:30-11:00

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

T1 Topic Session:  
Gut Feelings in Obesity

T2 Topic Session:  
Ultra-Processed Foods: Fact or  
Fad?

T3 Topic Session:  
Immunomodulation

T4 Topic Session:  
Nutrition Management and  
Physical Activity in Sarcopenic  
Obesity and in the NCDs Era

Coffee Break (11:00-11:30)

Abstract Sessions  
11:30-13:00

Sala Volpi

Sala Grande

Sala Perla

Sala Darsena

T1 Abstract Session

T2 Abstract Session

T3 Abstract Session

T4 Abstract Session

Sala Mosaici 1

EASO Press Meeting  
(12:00-13:30)

Sala Grande

Closing Plenary Session: The Role of Artificial Intelligence in the Diagnosis, Management and Research of Obesity:  
(13:00-13:45)

Closing Ceremony and Abstract Award Presentation  
(13:45-14:15)

## DRAFT PROGRAMME

12 MAY 2024, SUNDAY

| 09:30-12:20 |  | TEACHING WORKSHOPS   |
|-------------|--|--|
| 08:30-12:20 | <b>EASO Nutrition Working Group</b>  | SALA VOLPI   |
| 08:30-11:00 | <b>Session 1: Dietary guidelines for the treatment of obesity in Europe and in Italy</b>                                   |  |
|             | <b>Chairs:</b> Maria Hassapidou (Greece), Ersilia Troiano (Italy)  |  |
| 08:30-08:50 | Dietary guidelines in Europe. Medical Nutrition therapy (MNT) for adults with obesity.                                     | M Hassapidou (Greece)  |
| 08:50-09:10 | European guidelines for the Medical Nutrition therapy for children with Obesity.   | O Androutsos (Greece)  |
| 09:10-09:30 | Dietary intervention/treatment for people with obesity in Italy.   | D Ojeda Mercado (Italy)  |
| 09:30-10:30 | Discussion panel. Needs of Italian dietitians for the assessment / treatment of Obesity                                    | M Hassapidou (Greece),<br>M Tosi (Italy),<br>E Troiano (Italy),<br>A van Gienkel (Netherlands) |
| 10:30-11:00 | <b>Coffee break</b>  |  |
| 11:00-12:20 | <b>Session 2: The role of dietary treatment in patients with Obesity that are receiving medication.</b>                    |  |
|             | <b>Chairs:</b> Annemieke Van Ginkel (Netherlands), Ellen Govers (Netherlands)  |  |
| 11:00-11:15 | Nutritional problems of patients receiving medication. The state of the art.   | A Vlassopoulos (Greece)  |
| 11:15-11:30 | Dietary intervention in patients with Obesity under medication. Experience/case study from a hospital in Stockholm.        | L Tolvanen (Sweden)  |
| 11:15-11:30 | Dietary intervention in patients with Obesity under medication. Experience/case study from primary care in the Netherlands | Speaker to be confirmed (Netherlands)  |
| 11:30-11:45 | The role of dietitian in the treatment of patients with Obesity under medication. Future steps.                            | H Mulrooney (UK)   |
| 11:45-12:20 | <b>Discussion</b>  |  |
| 09:30-12:20 | <b>EASO COWG</b>   | SALA GRANDE  |
|             | <b>Chairs:</b> TBC   |  |
| 09:30-10:00 | Obesity treatment in children- what is the outcome we want?  | J L Baker (Denmark)  |
| 10:00-10:30 | Early Prevention of Obesity in children  | A Morandi (Italy)  |
| 10:30-11:00 | <b>Coffee Break</b>  |  |
| 11:00-11:30 | Beyond Insulin: Navigating the Metabolic Maze of Childhood Obesity   | M Manco (Italy)  |
| 11:30-12:00 | Holistic treatment and management of obesity in children   | J-C Holm (Denmark)   |

## DRAFT PROGRAMME

12 MAY 2024, SUNDAY

|             |  |  |
|-------------|--|--|
| 09:30-12:20 | <b>EASO Psychology, Behaviour &amp; Mental Health Working Group</b><br><b>We Are Not Equipped to Deal With That': Overcoming barriers to treatment for people living with obesity and mental illness</b> | <b>SALA PERLA</b>  |
|             | <b>Session 1 - Eating disorders: Building Momentum</b><br><br><b>Chairs:</b> TBC   |  |
|             | Management of Eating Disorders and Obesity from Transdiagnostic Perspective  | <i>F Fernandez Aranda (Spain)</i>                              |
|             | The Eating Disorders in Obesity Treatment (EDIT) Collaboration   | <i>N Lister (Australia)</i>                                    |
|             | Lived Experience of Patients with Disordered Eating  | <i>ECPO</i>  |
|             | <b>Session 2 - Beyond Eating Disorders</b><br><br><b>Chairs:</b> TBC   |  |
|             | Life Events and Trauma   | <i>U A Valdimarsdóttir (Iceland)</i>                           |
|             | RESOLVE: Realist synthesis of non-pharmacological interventions for weight gain in severe mental illness   | <i>TBC</i>   |
|             | ADHD and Obesity: Learnings from TIMESPAN  | <i>H Larsson (Sweden)</i>                                      |
| 09:30-12:20 | <b>Teaching Workshop (Joint EASO Scientific Advisory Board and EASO Obesity Management WG): Phenotyping Obesities Beyond BMI</b>   | <b>SALA DARSENA</b>  |
| 09:30-10:30 | <b>Session 1 - Time Revisiting the beyond BMI paradigm</b><br><br><b>Chairs:</b> TBC   |  |
| 09:30-09:50 | Rethinking and reframing obesity   | <i>B McGowan (UK)</i>  |
| 09:50-10:10 | Mechanisms linking adiposity and cardiovascular disease  | <i>N Sattar (UK)</i>   |
| 10:10-10:30 | Sexual dimorphism in cardiometabolic health: the role of adipose tissue and skeletal muscle  | <i>G Goossens (Netherlands)</i>                                |
| 10:30-10:50 | <b>Coffee break</b>  |  |
| 10:50-12:20 | <b>Session 2 - Techniques and practicalities for phenotyping</b><br><br><b>Chairs:</b> TBC   |  |
|             | Morphofunctional assessment (phase-angle BIA, echography, dynamometry-funct. tests)  | <i>J M García-Almeida (Spain),<br/>I Vegas-Aguilar (Spain)</i> |
|             | Energy expenditure and BAT (indirect calorimetry and thermography)   | <i>A Ciudin (Spain)</i>  |
|             | The heart (epicardial AT and coronary TC)  | <i>A Malavazos (Italy)</i>                                     |
|             | Closing remarks  |  |



## DRAFT PROGRAMME

12 MAY 2024, SUNDAY

|                    |   |                               |
|--------------------|---|-------------------------------|
| <b>12:00-13:30</b> | <b>EASO Press Meeting</b>   | <b>SALA MOSAICI 1</b>         |
| <b>12:30-14:00</b> | <b>TOPIC SESSION</b>  |                               |
| <b>12:30-14:00</b> | <b>Adipose Tissue Niche and Tumour Microenvironment in Obesity</b>                        | <b>SALA VOLPI</b>             |
|                    | <b>Chairs:</b> TBC  |                               |
|                    | Cellular Mechanisms Linking Breast Cancer to Obesity                                      | <i>N Halberg (Norway)</i>     |
|                    | Adipose Stem Cells Reprogram the Colon Rectal Cancer Stem Cells                           | <i>G Stassi (Italy)</i>       |
| <b>12:30-14:00</b> | <b>Advances in the Pharmacological Treatment of Children and Adolescents with Obesity</b> | <b>SALA GRANDE</b>            |
|                    | <b>Chairs:</b> TBC  |                               |
|                    | Where are we now?   | <i>D Weghuber (Austria)</i>   |
|                    | Unanswered Questions and Considerations in Treating the Chronic Disease of Obesity        | <i>T Helgason (Iceland)</i>   |
| <b>12:30-14:00</b> | <b>Community Approaches to Improving Food Security for Health and Wellbeing</b>           | <b>SALA PERLA</b>             |
|                    | <b>Chairs:</b> TBC  |                               |
|                    | Community Food Growing as an Intervention to Improve Diet, Wellbeing and Food Security    | <i>C Hardman (UK)</i>         |
|                    | Community Cooking Skills and Food Agency Interventions: Do They Increase Diet Quality?    | <i>J Wolfson (US)</i>         |
| <b>12:30-14:00</b> | <b>Guidelines and Future Perspectives of MAFLD</b>  | <b>SALA DARSENA</b>           |
|                    | <b>Chairs:</b> TBC  |                               |
|                    | EASL-EASD-EASO New Clinical Practice Guidelines for the Management of MAFLD               | <i>S Franque (Belgium)</i>    |
|                    | Treating Obesity for Treating MAFLD   | <i>S Zelber-Sagi (Israel)</i> |
|                    | Future Therapeutic Perspectives Targeting Oxidative Stress and Inflammation in MAFLD      | <i>E Bugianesi (Italy)</i>    |



## DRAFT PROGRAMME

12 MAY 2024, SUNDAY

|             |   |                 |
|-------------|---|-----------------|
| 13:00-14:00 | LUNCH BREAK   |                 |
| 14:15-15:45 | ABSTRACT SESSIONS   |                 |
| 15:45-16:15 | COFFEE BREAK/COMMERCIAL EXHIBITION                        |                 |
| 16:15-17:45 | INDUSTRY SUPPORTED SESSION 2                              | SALA GRANDE     |
| 16:15-17:45 | INDUSTRY SUPPORTED SESSION 3                              | SALA PERLA      |
| 16:15-17:45 | INDUSTRY SUPPORTED SESSION 4                              | SALA DARSENA    |
| 17:45-18:45 | Opening Plenary Session EASO-NNF Excellence Prize Lecture | SALA DARSENA    |
|             | Chairs: TBC   |                 |
| 18:45-19:15 | ECO2024 Opening Ceremony                                  | SALA DARSENA    |
| 19:15-20:15 | ECO2024 Welcome Reception                                 | EXHIBITION HALL |

## DRAFT PROGRAMME

13 MAY 2024, **MONDAY**

|                    |   |                        |
|--------------------|---|------------------------|
| <b>08:30-09:15</b> | <b>PLENARY SESSION</b>  |                        |
| <b>08:30-09:15</b> | <b>Track 3 Plenary Lecture</b>  | <b>SALA DARSENA</b>    |
|                    | <b>Chairs:</b> TBC  |                        |
|                    | Impact of Ethnicity and Socioeconomic Position on Obesity in Children                                       | TBC                    |
| <b>09:30-11:00</b> | <b>TOPIC SESSION</b>  |                        |
| <b>09:30-11:00</b> | <b>Liver Phenotypes in Obesity</b>  | <b>SALA VOLPI</b>      |
|                    | <b>Chairs:</b> TBC  |                        |
|                    | Multi-omics Defining NASH   | A S Deshmukh (Denmark) |
|                    | Circadian Clocks in Hepatocytes Affect Metabolism   | S Luquet (France)      |
| <b>09:30-11:00</b> | <b>Behavioural and Nutritional Consequences of Next-Generation Pharmacotherapy</b>                          | <b>SALA GRANDE</b>     |
|                    | <b>Chairs:</b> TBC  |                        |
|                    | Current and Emerging Obesity Medications: Behavioural Mechanisms of Action - What We Know and What We Don't | C Roberts (UK)         |
|                    | Dual and Triple Gut Hormone Co-Agonists: From Discovery to Clinical Approval                                | M Tschöp (Germany)     |
| <b>09:30-11:00</b> | <b>Overview of Paediatric Obesity Treatment Guidelines</b>  | <b>SALA PERLA</b>      |
|                    | <b>Chairs:</b> TBC  |                        |
|                    | USA   | TBC                    |
|                    | Canada  | B Johnston (Canada)    |
|                    | Italian Consensus Statement   | C Maffei (Italy)       |
| <b>09:30-11:00</b> | <b>Obesity in Women across the Lifespan</b>   | <b>SALA DARSENA</b>    |
|                    | <b>Chairs:</b> TBC  |                        |
|                    | Physiology and Obesity During the Woman's Lifespan  | M Monteiro (Portugal)  |
|                    | Management of Obesity in Women Across the Lifespan  | S Suliman (UAE)        |
| <b>11:00-11:45</b> | <b>COFFEE BREAK AND G-COMMUNICATIONS</b>  |                        |

## DRAFT PROGRAMME

13 MAY 2024, MONDAY

|             |   |                                  |
|-------------|---|----------------------------------|
| 11:45-13:15 | <b>ABSTRACT SESSIONS</b>  |                                  |
| 11:45-13:15 | <b>T4 Abstract Session</b>  | <b>SALA VOLPI</b>                |
|             | <b>Chairs:</b> TBC  |                                  |
| 11:45-13:15 | <b>EASO-Novo Nordisk Foundation New Investigator Award: 2023 Update Session What have I achieved with the Award Research Grant in 2023?</b> | <b>SALA GRANDE</b>               |
|             | <b>Chairs:</b> TBC  |                                  |
| 11:45-12:10 | Basic Science   | <i>C Fogueira Cobos (Spain)</i>  |
| 12:10-12:35 | Clinical Research   | <i>S Heinonen (Finland)</i>      |
| 12:35-13:00 | Childhood Obesity   | <i>C Cadenas Sanchez (Spain)</i> |
| 13:00-13:15 | Discussion  |                                  |
| 11:45-13:15 | <b>T3 Abstract Session</b>  | <b>SALA PERLA</b>                |
|             | <b>Chairs:</b> TBC  |                                  |
| 11:45-13:15 | <b>Joint Session EASO/EASD Is Diabetes an Adiposity Based Disease?</b>  | <b>SALA DARSENA</b>              |
|             | <b>Chairs:</b> TBC  |                                  |
| 11:45-12:05 | What we learned from the DiRECT trial?  | <i>R Taylor (UK)</i>             |
| 12:05-12:25 | Bariatric Surgery and Diabetes Remission?   | <i>B McGowan (UK)</i>            |
| 12:25-12:45 | Is there a role for the new generation AOM for preventing diabetes?   | <i>T Vilsbøll (Denmark)</i>      |
| 12:45-13:05 | Moving from beta-cell to brain to treat diabetes.   | <i>M Ryden (Sweden)</i>          |
| 13:05-13:15 | Discussion  |                                  |
| 11:45-13:15 | <b>3rd PAFF-WG Session</b>  | <b>SALA MOSAICI 1</b>            |
|             | <b>Chairs:</b> Grace O'Malley (Ireland), Jean-Michel Oppert (France)  |                                  |
| 11:45-12:05 | Fat-free mass and physical activity as determinants of energy intake and appetite control: implications for sedentariness and obesity       | <i>J Blundell (UK)</i>           |
| 12:05-12:25 | Physical activity/exercise to improve physical function and general health after bariatric surgery.   | <i>J M Oppert (France)</i>       |
| 12:25-12:40 | Cardiopulmonary exercise test in people with obesity: a deep insight in functional limitation.  | <i>F Battista (Italy)</i>        |
| 12:40-12:55 | Physical activity and exercise benefits during obesity management: PLWO perspective   | TBC                              |
| 12:55-13:15 | Discussion  |                                  |

## DRAFT PROGRAMME

13 MAY 2024, **MONDAY**

|             |   |                                |
|-------------|---|--------------------------------|
| 13:30-15:00 | <b>EASO Press Meeting</b>   | SALA MOSAICI 1                 |
| 13:15-14:15 | <b>LUNCH BREAK</b>  |                                |
| 13:45-15:15 | <b>New Technologies for Obesity Science: from research to clinical applications</b> | SALA VOLPI                     |
|             | <b>Chairs:</b> TBC  |                                |
| 13:45-14:05 | Single Cell Transcriptomic and Spatial Mapping of Human Adipose Tissue.             | <i>C Schéele (Denmark)</i>     |
| 14:05-14:25 | OMICs approaches for personalized medicine in obesity and metabolic diseases        | <i>C Wolfrum (Switzerland)</i> |
| 14:25-14:45 | The characteristics of a diagnostic test: the experience of Laboratory Medicine     | <i>M Plebani (Italy)</i>       |
| 14:45-15:15 | Discussion  |                                |
| 13:45-15:15 | <b>INDUSTRY SUPPORTED SESSION 5</b>   | SALA GRANDE                    |
| 13:45-15:15 | <b>INDUSTRY SUPPORTED SESSION 6</b>   | SALA PERLA                     |
| 13:45-15:15 | <b>WHO Joint Session</b>  | SALA DARSENA                   |
|             | <b>Chairs:</b> TBC  |                                |
| 15:15-16:00 | <b>PLENARY LECTURE</b>  |                                |
| 15:15-16:00 | <b>Special Plenary Lecture: Taking off the Mask of Obesity</b>                      | SALA DARSENA                   |
|             | <b>Chairs:</b> TBC  |                                |
| 15:15-15:30 | The Mask that I Wear  | <i>ECPO Representative</i>     |
| 15:30-16:00 | From Obesity to Obesities   | <i>G Frühbeck (Spain)</i>      |

## DRAFT PROGRAMME

13 MAY 2024, **MONDAY**

|             |  |                          |
|-------------|--|--------------------------|
| 16:00-17:00 | <b>COFFEE BREAK AND G-COMMUNICATIONS</b>   |                          |
| 17:00-18:30 | <b>EASO AND ABSTRACT SESSIONS</b>  |                          |
| 17:00-18:30 | <b>T1 Abstract Session</b>   | <b>SALA VOLPI</b>        |
|             | <b>Chairs:</b> TBC   |                          |
| 17:00-18:30 | <b>EASO Early Career Network</b>   | <b>SALA GRANDE</b>       |
|             | <b>Chairs:</b> TBC   |                          |
| 17:00-18:30 | <b>T2 Abstract Session</b>   | <b>SALA PERLA</b>        |
|             | <b>Chairs:</b> TBC   |                          |
| 17:00-18:30 | <b>EASO COMs Session: Guidelines and Implementation</b>                                | <b>SALA DARSENA</b>      |
|             | <b>Chairs:</b> TBC   |                          |
| 17:00-17:25 | EASO Recommendations for the Staging, Diagnosis and Treatment of Obesity               | <i>D Dicker (Israel)</i> |
| 17:25-17:50 | Unveiling the Process of Establishing Clinical Practice Guidelines for Obesity by KSSO | <i>J-H Kang (Korea)</i>  |
| 17:50-18:15 | The Lancet Commission Definition of Obesity: Implications for Clinical Practice        | <i>F Rubino (UK)</i>     |
| 18:15-18:30 | Discussion   |                          |

## DRAFT PROGRAMME

14 MAY 2024, TUESDAY

|                    |  |                                   |
|--------------------|--|-----------------------------------|
| <b>08:30-09:15</b> | <b>PLENARY SESSION</b>   |                                   |
| <b>08:30-09:15</b> | <b>Track 1 Plenary Lecture</b>   | <b>SALA DARSENA</b>               |
|                    | <b>Chairs:</b> TBC   |                                   |
|                    | The expanding impact of central nervous system GLP-1 receptor signaling            | <i>D Drucker (Canada)</i>         |
| <b>09:30-11:00</b> | <b>TOPIC SESSION</b>   |                                   |
| <b>09:30-11:00</b> | <b>Skeletal Muscle Alterations in Obesity</b>                                      | <b>SALA VOLPI</b>                 |
|                    | <b>Chairs:</b> TBC   |                                   |
|                    | Implication of Mitochondrial Fusion and Fission in Skeletal Muscle Mass and Health | <i>M Sandri (Italy)</i>           |
|                    | The role of stress-induced FGF21 and GDF15 in obesity                              | <i>S Keipert (Sweden)</i>         |
| <b>09:30-11:00</b> | <b>Mental Health, Disordered Eating, and Physical Activity</b>                     | <b>SALA GRANDE</b>                |
|                    | <b>Chairs:</b> TBC   |                                   |
|                    | Integrated Treatment for Obesity and Binge Eating Disorder                         | <i>R Dalle Grave (Italy)</i>      |
|                    | Programme-led and Focused Interventions for Eating Disorders                       | <i>A Hill (UK)</i>                |
| <b>09:30-11:00</b> | <b>Intergenerational Transmission</b>  | <b>SALA PERLA</b>                 |
|                    | <b>Chairs:</b> TBC   |                                   |
|                    | Intergenerational Effects of Paternal Obesity                                      | <i>A Soubry (Belgium)</i>         |
|                    | Parental Behaviour Patterns and Obesity in Childhood                               | <i>M Lecorguillé (France)</i>     |
| <b>09:30-11:00</b> | <b>Tailored Pharmacologic Therapy for Obesity</b>                                  | <b>SALA DARSENA</b>               |
|                    | <b>Chairs:</b> TBC   |                                   |
|                    | Beyond Weight Loss: Added Benefits of Anti-Obesity Medications                     | <i>L Van Rossum (Netherlands)</i> |
|                    | Different Targets for Different Patients   | <i>A Jastreboff (US)</i>          |
| <b>11:00-11:45</b> | <b>COFFEE BREAK AND G-COMMUNICATIONS</b>   |                                   |

## DRAFT PROGRAMME

14 MAY 2024, TUESDAY

|  |   |  |
|--|---|--|
| <b>11:45-13:15 ABSTRACT SESSIONS AND ACCEPTED SYMPOSIA</b> |   |  |
| <b>11:45-13:15</b>   | <b>T1 Abstract Session</b>  | <b>SALA VOLPI</b>  |
|  | <b>Chairs:</b> TBC  |  |
| <b>11:45-13:15</b>   | <b>T2 Abstract Session</b>  | <b>SALA GRANDE</b>   |
|  | <b>Chairs:</b> TBC  |  |
| <b>11:45-13:15</b>   | <b>T3 Abstract Session</b>  | <b>SALA PERLA</b>  |
|  | <b>Chairs:</b> TBC  |  |
| <b>11:45-13:15</b>   | <b>T4 Abstract Session</b>  | <b>SALA DARSENA</b>  |
|  | <b>Chairs:</b> TBC  |  |
| <b>13:15-14:15</b>   | <b>LUNCH BREAK</b>  |  |
| <b>13:45-15:15</b>   | <b>INDUSTRY SUPPORTED SESSION 7</b>   | <b>SALA VOLPI</b>  |
| <b>13:45-15:15</b>   | <b>INDUSTRY SUPPORTED SESSION 8</b>   | <b>SALA GRANDE</b>   |
| <b>13:45-15:15</b>   | <b>INDUSTRY SUPPORTED SESSION 9</b>   | <b>SALA PERLA</b>  |
| <b>13:45-15:15</b>   | <b>EASO/IFSO-EC Joint Symposium<br/>Present and future of bariatric/metabolic surgery in Europe</b> | <b>SALA DARSENA</b>  |
|  | <b>Chairs:</b> Nicola Di Lorenzo (Italy), Volkan Yumuk (Türkiye)                                    |  |
| <b>13:45-14:10</b>   | Can the new IFSO guidelines for bariatric/metabolic surgery be implemented in Europe?               | <i>G Prager (Austria)</i>  |
| <b>14:10-14:35</b>   | Combining surgical and medical therapy for the best outcome   | <i>A Pucci (UK)</i>  |
| <b>14:35-15:00</b>   | The emerging problem of surgical tourism  | <i>C Parmar (UK)</i>   |
| <b>15:00-15:15</b>   | Round table discussion  | <i>M Foletto (Italy),<br/>G O'Malley (Ireland),<br/>R Peterli (Switzerland),<br/>Patient representative (ECPO)</i> |
| <b>12:00-13:30</b>   | <b>EASO Press Meeting</b>   | <b>SALA MOSAICI 1</b>  |
| <b>13:45-15:15</b>   | <b>IMI SOPHIA</b>   | <b>SALA MOSAICI 1</b>  |
|  | <b>Chairs:</b> TBC  |  |



## DRAFT PROGRAMME

14 MAY 2024, TUESDAY

|                    |   |                                     |
|--------------------|---|-------------------------------------|
| <b>15:15-16:00</b> | <b>PLENARY LECTURE</b>                                      |                                     |
| <b>15:15-16:00</b> | <b>Track 2 Plenary Lecture</b>                              | <b>SALA DARSENA</b>                 |
|                    | <b>Chairs:</b> TBC  |                                     |
|                    | The "Exposome Hypothesis" and Obesity                       | <i>M Blüher (Germany)</i>           |
| <b>16:00-17:00</b> | <b>COFFEE BREAK AND G-COMMUNICATIONS</b>                    |                                     |
| <b>17:00-18:30</b> | <b>EASO AND ABSTRACT SESSIONS</b>                           |                                     |
| <b>17:00-18:30</b> | <b>EASO Paediatric COMs Session</b>                         | <b>SALA VOLPI</b>                   |
|                    | <b>Chairs:</b> TBC  |                                     |
| <b>17:00-17:15</b> | Hôpital Universitaire de Genève, Switzerland                | <i>A Maggio (Switzerland)</i>       |
| <b>17:15-17:30</b> | University Hospital Brussels, Belgium                       | <i>I Gies (Belgium)</i>             |
| <b>17:30-17:45</b> | Medical University of Silesia, Poland                       | <i>PI Matusik (Poland)</i>          |
| <b>17:45-18:00</b> | Alder Hey CEW (Complications of Excess Weight) Service, UK  | <i>S Senniappan (UK)</i>            |
| <b>18:00-18:15</b> | University of Verona, Italy                                 | <i>A Morandi (Italy)</i>            |
| <b>18:15-18:30</b> | Gesù Children's Hospital, Italy                             | <i>Speaker TBA (Italy)</i>          |
| <b>17:00-18:30</b> | <b>EASO-NNF New Investigator Awards Session</b>             | <b>SALA GRANDE</b>                  |
|                    | <b>Chairs:</b> TBC  |                                     |
| <b>17:00-18:30</b> | <b>Nutrition Education in Europe: Innovative Approaches</b> | <b>SALA PERLA</b>                   |
|                    | <b>Chairs:</b> TBC  |                                     |
| <b>17:00-17:30</b> | Taste education intervention in children                    | <i>S Thorsteinsdottir (Iceland)</i> |
| <b>17:30-18:00</b> | From farm to fork: choices and behaviours. Food & Health    | <i>M Thiene (Italy)</i>             |
| <b>18:00-18:30</b> | Teaching nutrition for hospitality and food services        | TBC                                 |
| <b>17:00-18:30</b> | <b>Joint Session EASO/ESC</b>                               | <b>SALA DARSENA</b>                 |
|                    | <b>Chairs:</b> TBC  |                                     |

## DRAFT PROGRAMME

15 MAY 2024, WEDNESDAY

|                    |   |                                   |
|--------------------|---|-----------------------------------|
| <b>08:30-09:15</b> | <b>TEACHING WORKSHOPS</b>   |                                   |
| <b>08:30-09:15</b> | <b>Track 1 Plenary Lecture</b>  | <b>SALA DARSENA</b>               |
|                    | <b>Chairs:</b> TBC  |                                   |
|                    | Obesity and Cancer  | <i>P E Scherer (US)</i>           |
| <b>09:30-11:00</b> | <b>TOPIC SESSIONS, ABSTRACT SESSIONS AND ACCEPTED SYMPOSIA</b>                          |                                   |
| <b>09:30-11:00</b> | <b>Gut Feelings in Obesity</b>  | <b>SALA VOLPI</b>                 |
|                    | <b>Chairs:</b> TBC  |                                   |
|                    | Role of the Gut Microbiota on Energy Homeostasis  | <i>J Aron-Wisniewsky (France)</i> |
|                    | Metabolic Activity of the Microbiota: Turning the Invisible into Visible                | <i>P Iozzo (Italy)</i>            |
| <b>09:30-11:00</b> | <b>Ultra-Processed Foods: Fact or Fad?</b>  | <b>SALA GRANDE</b>                |
|                    | <b>Chairs:</b> TBC  |                                   |
|                    | Why is UPF so Controversial?  | <i>E Feskens (Netherlands)</i>    |
|                    | Industry Response to UPFs   | <i>E Vamos (UK)</i>               |
|                    | Disentangling Brain Responses to Unprocessed and Processed Foods                        | <i>C Coricelli (Germany)</i>      |
| <b>09:30-11:00</b> | <b>Immunomodulation</b>   | <b>SALA PERLA</b>                 |
|                    | <b>Chairs:</b> TBC  |                                   |
|                    | Gut Microbial Metabolites in Control of Body Weight and Insulin Sensitivity             | <i>E Canfora (Netherlands)</i>    |
|                    | Early Life Infection and Obesity Risk   | <i>D Burgner (Austria)</i>        |
| <b>09:30-11:00</b> | <b>Nutrition Management and Physical Activity in Sarcopenic Obesity in the NCDs Era</b> | <b>SALA DARSENA</b>               |
|                    | <b>Chairs:</b> TBC  |                                   |
|                    | Nutritional Intervention and Skeletal Muscle Preservation During Weight Loss            | <i>L Donini (Italy)</i>           |
|                    | Exercise is Medicine  | <i>A Ermolao (Italy)</i>          |
| <b>11:00-11:30</b> | <b>COFFEE BREAK</b>   |                                   |

## DRAFT PROGRAMME

15 MAY 2024, WEDNESDAY

|                    |  |                        |
|--------------------|--|------------------------|
| <b>11:30-13:00</b> | <b>ABSTRACT SESSIONS</b>   |                        |
| <b>11:30-13:00</b> | <b>T1 Abstract Session</b>   | <b>SALA VOLPI</b>      |
|                    | <b>Chairs:</b> TBC   |                        |
| <b>11:30-13:00</b> | <b>T2 Abstract Session</b>   | <b>SALA GRANDE</b>     |
|                    | <b>Chairs:</b> TBC   |                        |
| <b>11:30-13:00</b> | <b>T3 Abstract Session</b>   | <b>SALA PERLA</b>      |
|                    | <b>Chairs:</b> TBC   |                        |
| <b>11:30-13:00</b> | <b>T4 Abstract Session</b>   | <b>SALA DARSENA</b>    |
|                    | <b>Chairs:</b> TBC   |                        |
| <b>12:00-13:30</b> | <b>EASO Press Meeting</b>  | <b>SALA MOSAICI 1</b>  |
| <b>13:00-13:45</b> | <b>CLOSING PLENARY LECTURE</b>   |                        |
| <b>13:00-13:45</b> | <b>Closing Plenary Lecture</b>   | <b>SALA GRANDE</b>     |
|                    | <b>Chairs:</b> TBC   |                        |
|                    | The Role of Artificial Intelligence in the Diagnosis, Management and Research of Obesity | <i>J Loscalzo (US)</i> |
| <b>13:45-14:15</b> | <b>Closing Ceremony and Abstract Award Presentation</b>                                  | <b>SALA GRANDE</b>     |
|                    | <b>Chairs:</b> TBC   |                        |